



# SAFE REOPEN PLAN

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## NOTE FROM AVAC SWIM SCHOOL® DIRECTOR

*By: Danielle Griffith-Jones*

Dear Swim School Families,

THANK YOU to everyone who completed our recent survey to help us design our reopening strategies! We are so grateful that so many of you miss your lessons - we have missed all of our families too! We are also very excited to share with you all of the extra safeguards that we are putting into place to provide the safest & healthiest environment possible.

Some things may be changing in order to protect our families & team but there are some important things that will also stay the same:

What will stay the same:

- Our passion for helping our students become comfortable & confident swimmers!
- The same caring, highly trained & fun team members at AVAC Swim School®
- Your swimmer's progression through our levels
- Our specialized chlorination systems for our pool water that enable us to have the highest quality water possible.
- Ultra-violet (UV) sanitation treatment system to provide extra protection against the spread of water-borne diseases.
- Our Open Aire facility which maximizes air flow throughout the pool deck.

We appreciate your patience & support during this time. Please know that we will continue to monitor the latest news & guidance & will make adjustments as necessary to provide you the best & healthiest swimming lessons experience possible.

We are emerging stronger and so appreciative of our AVAC Swim School® community - we can't wait to see you in the pool!

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## **VIRTUAL AVAC®**

We offer a wide range of classes, challenges, & fitness challenges AVAC® Members can enjoy from the comfort of home.

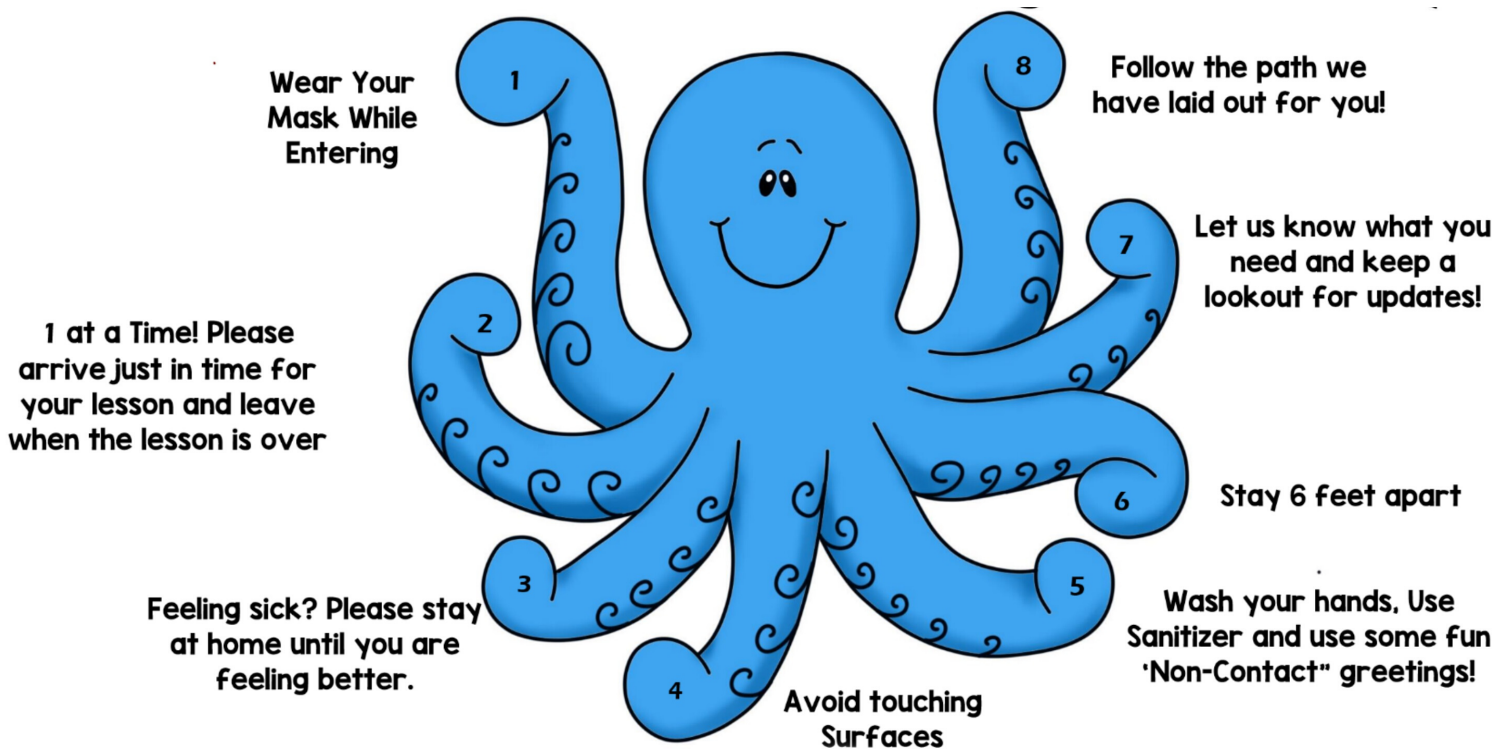
Visit **[www.facebook.com/groups/avaclife](https://www.facebook.com/groups/avaclife)**.

## **IMPORTANT SAFETY NOTICE**

AVAC® Families & Staff should work & attend AVAC® at their own risk. People characterized as vulnerable to COVID-19, those who live with someone vulnerable, & those exhibiting flu-like symptoms should stay home. AVAC® Families & Staff who have questions or concerns about returning to AVAC® should speak with a manager before doing so.



# SWIM SCHOOL'S 8 LEGS OF SAFETY



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## BEFORE YOU ARRIVE

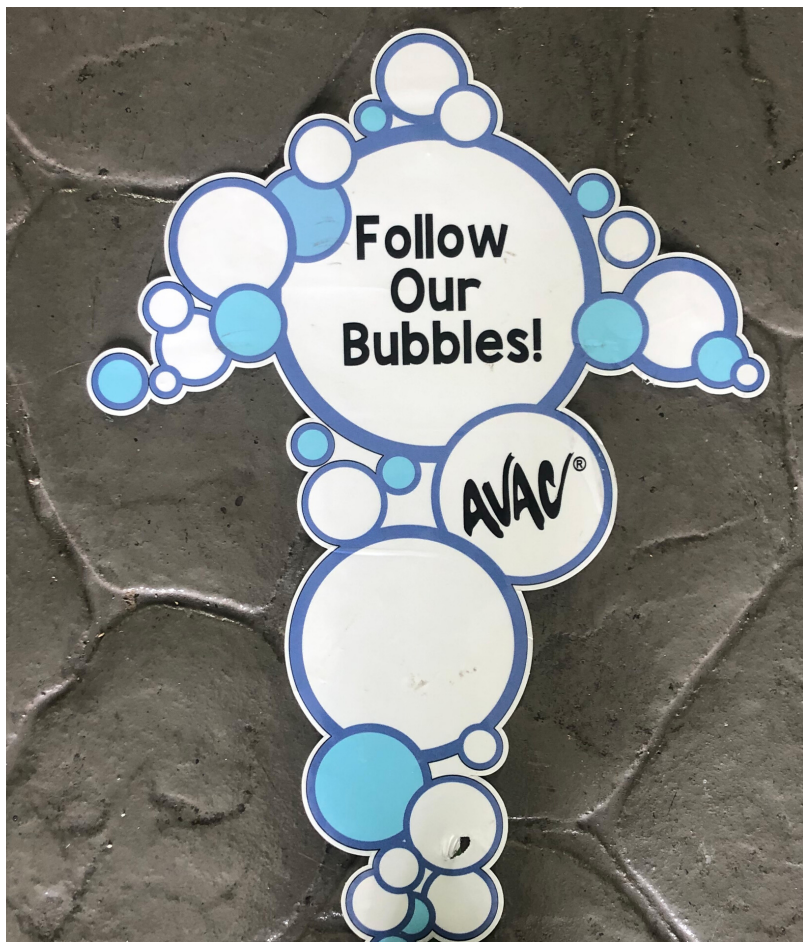
- Know what is open. Visit [www.avacswimschool.us](http://www.avacswimschool.us) for current programs & which phase of reopening the AVAC Swim School® we are in.
  - Know the “AVAC 8” Safety Guidelines & expect us to enforce them.
  - Please, 1 parent/guardian per child at this time.
  - All swimmers should contact us to confirm lesson time or to sign up before coming in: 408.267.4032 or [ssadmin@avac.us](mailto:ssadmin@avac.us).
  - Understand how Phase 1 lessons are operating:
    1. Based on legal, safety, & AVAC Swim School® standards of operation, temporary capacity has been set to 20 in the pool at a time, which means 10 private lessons.
    2. Swim School families may book a 20 minute at a weekly day & time
    3. First reservation of each day will be at 9 am, & last will be at 7:30 pm.
  - Come Prepared
    1. Please bring your own towels
    2. Come dressed ready to swim. You may use the locker room after your lessons to change.
    3. Pack light. Locker rooms are currently limited to 2 families per locker room at a time.
    4. Use the bathroom before you arrive.
    5. Get educated on the new layout & flow of the facility to maximize your time & ease any frustration. Check out our videos on Facebook & Instagram, & call or email for questions.
    6. Time your arrival. Please arrive in just enough time to find parking and walk your child to class. Avoid arriving more than 10 minutes early which will help us mitigate congestion
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## WHEN YOU ARRIVE

- Please park in the front AVAC® lot only. Currently, the two church lots on Carter Avenue are closed.
- Masks are currently required at AVAC® anytime you're not exercising.
- Read & answer (to yourself) a series of health questions prior to check-in.
- Check in with AVAC® staff, using your child's name, under the awning at Swim School. Please wait on a spacing marker if there is a line.
- Enter through the automatic door at the front of Swim School. Be prepared to take a contact-less temperature if you appear to have flu-like symptoms. Privacy and discretion will be honored.
- As you pass the Swim School Front Desk, let us know if you'd like a brief orientation to the new flow. A Team Member will meet you & walk you around.



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## LESSONS & CAMPS

- Swim School hours are Monday through Sunday 9 am -7:45 pm until further notice.
  - A 1.5 hour cleaning period will take place at 2 pm – swim school will re-open at 3:15 pm for lessons.
  - Lessons will be 20 minute private lessons – up to 10 swimmers in the pool at any time. Swimmers will maintain 6 ft social distancing while in the pool.
  - For swimmers in the same household, lessons will be 30 minute semi private lessons.
  - Pool deck, locker room & gallery benches have been spaced appropriately for social distancing until further notice.
  - Pool Deck, locker rooms, gallery, & shower areas have social distancing signage & traffic flow arrows.
  - Students & one parent/guardian will be allowed to wait in the gallery area before lessons & during – social distancing will be expected in the gallery.
  - Teachers will line up to call students for class from one of the two open doors leading to the pool deck. Teachers will remain 6 ft apart while waiting to call classes.
  - One-way traffic flow on the pool deck – bubble arrows are placed throughout the deck to ensure one-way traffic flow.
  - Parents/Guardians can go onto the pool deck to observe lessons but must follow arrows for one-way traffic flow.
  - Parents/Guardians from different households must stay 6ft apart – bubbles placed on the deck will ensure proper social distancing.
  - Swimmer/lesson progress updates will take place on the pool deck – parent/guardians will stay on bubbles placed on the pool deck and teachers will update them from the pool to ensure proper social distance.
  - 6 ft social distancing in our shower areas – bubbles will help to ensure proper social distance.
  - Up to four (4) families will be allowed to use locker rooms at one time to ensure proper social distancing but we are recommending a “Wrap & Go” system for our families.
  - Pool Emergency Exit access to our front parking lot for families using the “Wrap & Go” system.
  - One-way traffic flow to the locker rooms – arrows are placed throughout the hallway and locker room will ensure one-way traffic flow.
  - Snacks & outside food will not be allowed at this time.
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## LESSONS & CAMPS

### **Private Lessons:**

- July 7 – July 30 • Tuesdays & Thursdays
- \$300 per month • 30 minute private lesson or semi-private (within same household) compared to our typical 20 minute private lessons.
- Time slots available within 9 am - 1 pm & 4 - 8 pm (Closed for cleaning 2-4)
- 30 minutes of low contact swim instruction
- Held in our Open Aire pool • Maximum 12 households

### **Stay Safe Mini Swim Camps:**

Swimming is essential. So is drowning prevention.

- July 6 - July 31
  - Mondays, Wednesdays, Fridays, & Saturdays
  - \$125 per month
  - 55 minute once-per-week mini camps
  - Time slots available within 9 am - 1 pm & 4 - 8 pm (Closed for cleaning 2-4)
  - 30 minutes of low contact drowning prevention instruction & 25 minutes practice time in our chlorinated water
  - Held in our Open Aire pool
  - Campers grouped by age & ability
  - Maximum 12 households, 3:12 ratio
  - Parent Tot Mini Camps: Maximum 6 Families
  - RSVP: 408.267.4032 or [swimschool@avac.us](mailto:swimschool@avac.us)
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## LESSONS & CAMPS

### AVAC® JrFIT Camp

- Award winning Tennis lessons, fitness activities such as: yoga, sport obstacle courses & fitness exercises designed by certified fitness trainers. Plus, a lifeguard staffed Open Swim every day to have fun, cool down, but also practice their swimming skills.
  - MONDAY - THURSDAY: Traditional camp with the above listed activities will be held & we will provide individually wrapped, healthy snacks (please pack a lunch Monday - Thursday)
  - FUN FRIDAYS: Every Friday be prepared to have some fun with different activities in the morning, followed by Dance Party, smoothie making with our in house nutritionist, provided individually wrapped, healthy snack & a Pizza Party for lunch (gluten free option available by request).
  - Weekly camps:
    - Early Camp Drop Off: 7am - 9am | \$15 per hour (must sign up ahead of time)
    - Daily Camp Hours: 9 am - 3 pm
    - After Camp: 3pm - 5 pm | \$150 per week
  - Maximum 48 campers per week. Ages 5 -12 (must be 5 by start of camp).
  - Half day camps available for 4 year old's (must be 4 by the start of camp)\*Campers are placed in groups of 12 & will remain with those same 12 campers throughout the week.
  - Weekly Pricing:
    - AVAC® Family \$480 • Guest \$510 per week
    - Daily Pricing: AVAC® Family \$96 • Guest \$102 per day
  - Half Day Camp: (available to 4 year olds only)
    - Weekly Pricing: AVAC® Family \$240 • Guest \$255 per week
    - Daily Pricing: AVAC® Family \$48 • Guest \$51 per day
  - RSVP: 408.267.4032 or [ssadmin@avac.us](mailto:ssadmin@avac.us)
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# EXPOSURE RESPONSE PLAN

This plan is based on guidance for businesses from CDC & OSHA, & adapted for AVAC® operations. In the case that an AVAC® customer, employee, or visitor is suspected or confirmed to have been exposed to someone with COVID-19, that person will be asked to get tested & avoid AVAC® for 14 days or until it is determined that it is safe to return. If the person has been at AVAC® recently, AVAC® Management will execute a proportionate response depending on the date of potential exposure, when the person visited AVAC® & at what facilities, the relationship/contact of the person to the confirmed case, & other factors. The response will include some of the steps below, which may include shutting down certain areas of AVAC® for cleaning.

In the case that an AVAC® customer, employee, or visitor is suspected or confirmed to have COVID-19 infection, AVAC® will take the following action:

- Ensure the customer/employee stays at home, & away from AVAC®.
  - If it has been less than 7 days since the sick customer/employee has been at AVAC®:
    - The area(s) visited will be shutdown for 24 hours before cleaning to minimize exposure from respiratory droplets.
    - During the 24 hours waiting period all available ventilation & exhaust systems will be used, if applicable.
    - Commence deep cleaning procedures including overnight disinfection mist
  - Per CDC, if it has been 7 or more days since the sick customer/employee has entered AVAC®, only routine cleaning & disinfecting of high-touch surfaces is necessary
  - CDC Guidelines on Cleaning & Disinfection:
    - Clean dirty surfaces with soap & water before disinfecting them.
    - To disinfect surfaces, use products that meet EPA criteria for use against SARS-Cov-2 (COVID-19), the virus that causes COVID-19, & are appropriate for the surface.
    - Always wear gloves & gowns appropriate for the chemicals being used when you are cleaning & disinfecting.
    - You may need to wear additional PPE depending on the setting & disinfectant product you are using. For each product you use, consult & follow the manufacturer's instructions for use.
  - Investigate to determine other customers/employees who may have been exposed to the virus
    - Employees/customers will be informed of their possible exposure, with confidentiality of all parties maintained.
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